

TOUR QUESTIONNAIREName(s) **CRISPIN BENNETT AND SARAH WISHART**Rough Itinerary: **BORDERS COAST TO COAST**

Planning: (e.g. Whether organised tour, pre-booked accommodation, flights, etc.)

ORGANISED CTC TOUR WITH BOOKED ACCOMMODATION. MET AT EDINBURGH WAVERLEY STATION.Major Equipment: (e.g. Make of bike, No. of panniers, etc.)
CB-CANNONDALE T700, GORE COSMO JACKET, FREESTYLE PERTEX 5 TROUSERS, REI GORETEX SOCKS. SW - TREK 850 MOUNTAIN BIKE, ENDURA DAKOTA JACKET, PERTEX 5 TROUSERS, PORELLE WATERPROOF SOCKS, CARRADICE PANNIERS.Detailed itinerary below. Start date: **SATURDAY 3RD JUNE, 2000**

DAY	DATE	FROM	TO	VIA	*ACC	WEATHER	MILES	TOTAL	☺
01	SAT 3RD	EDINBURGH	COLDINGHAM/ ST. ARBS	HADDINGTON, COCKSBUURNSPATH	2	HEADWIND, COLD; RAIN IN EVENING	50	50	7
02	SUN 4TH	COLDINGHAM	MELROSE		3	RAIN AM OVERCAST PM	45	95	5
03	MON 5TH	MELROSE	MELROSE	HAWICK			60	155	8
04	TUE 6TH	MELROSE	WANLOCKHEAD	PEEBLES	4	HEAVY RAIN AM OVERCAST & DRIZZLY PM	65	220	7
05	WED 7TH	WANLOCKHEAD	AYR	NEW CUMMNOCK STATION	3	COLD AM WARM PM DRY!!	55	275	8
06	THUR 8TH	AYR	NEW LANARK	MAUCHLINE	4	RAIN & WIND	50	325	5
07	FRI 9TH	NEW LANARK	NEW LANARK		1	HEAVY RAIN	30	355	5
08	SAT 10TH	NEW LANARK	EDINBURGH			TAIL WIND AND DRY	50	405	8
09									
10									
11									
12									
13									
14									

Lasting Memories:

WALKING BACK IN THE POURING RAIN FROM THE CEILIDH AT COLDINGHAM. EVERYONE STEAMING THEMSELVES DRY IN FRONT OF THE ELECTRIC FIRE IN GREENLAW. THE WARDEN AT WANLOCKHEAD HOSTEL TAKING ALL OUR WET SHOES TO DRY THEM OUT. THE SMELL EMANATING FROM THE GERMAN CYCLIST AT AYR HOSTEL. SPARKS FLYING FROM THE SOLE OF LINDA'S SHOES ON THE APPROACH TO NEW LANARK AS SHE REALISED HER BRAKES WERE USELESS. THE CARRY-OUT AT NEW LANARK HOSTEL.

Things to avoid: **YOUTH GROUPS AT NEW LANARK**

Hot tips:

GORETEX SOCKS USE LINER SOCKS AND DO NOT NEED TO BE WASHED, WHILE PORELLE SOCKS TAKE AN AGE TO DRY.Breakdowns: (hopefully none) **SARAH HAD 3 PUNCTURES ON THE RETURN TO EDINBURGH**

* indicate B & B, Y.H. (for Hostel), P.H. (for Private Hostel), ▲ for Camping, etc.

☺ = Grin Factor -1 - 10

Attach extra sheet if necessary