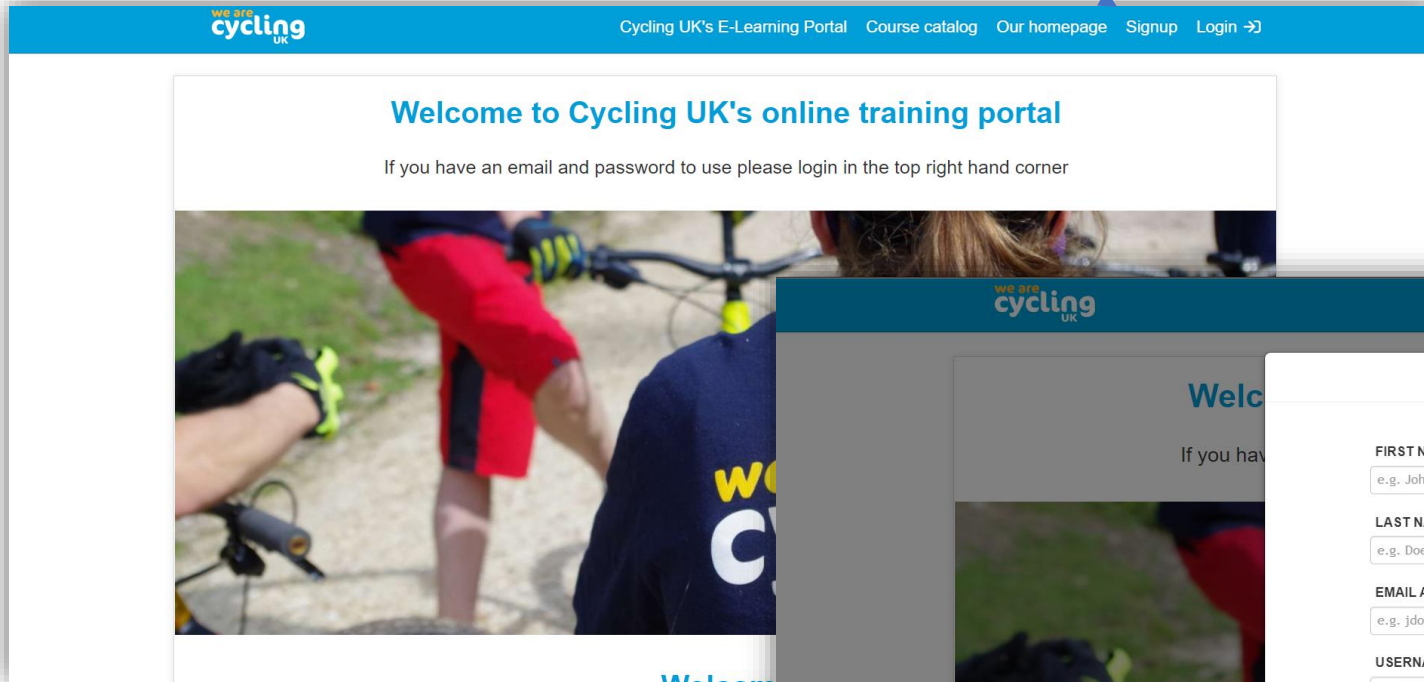


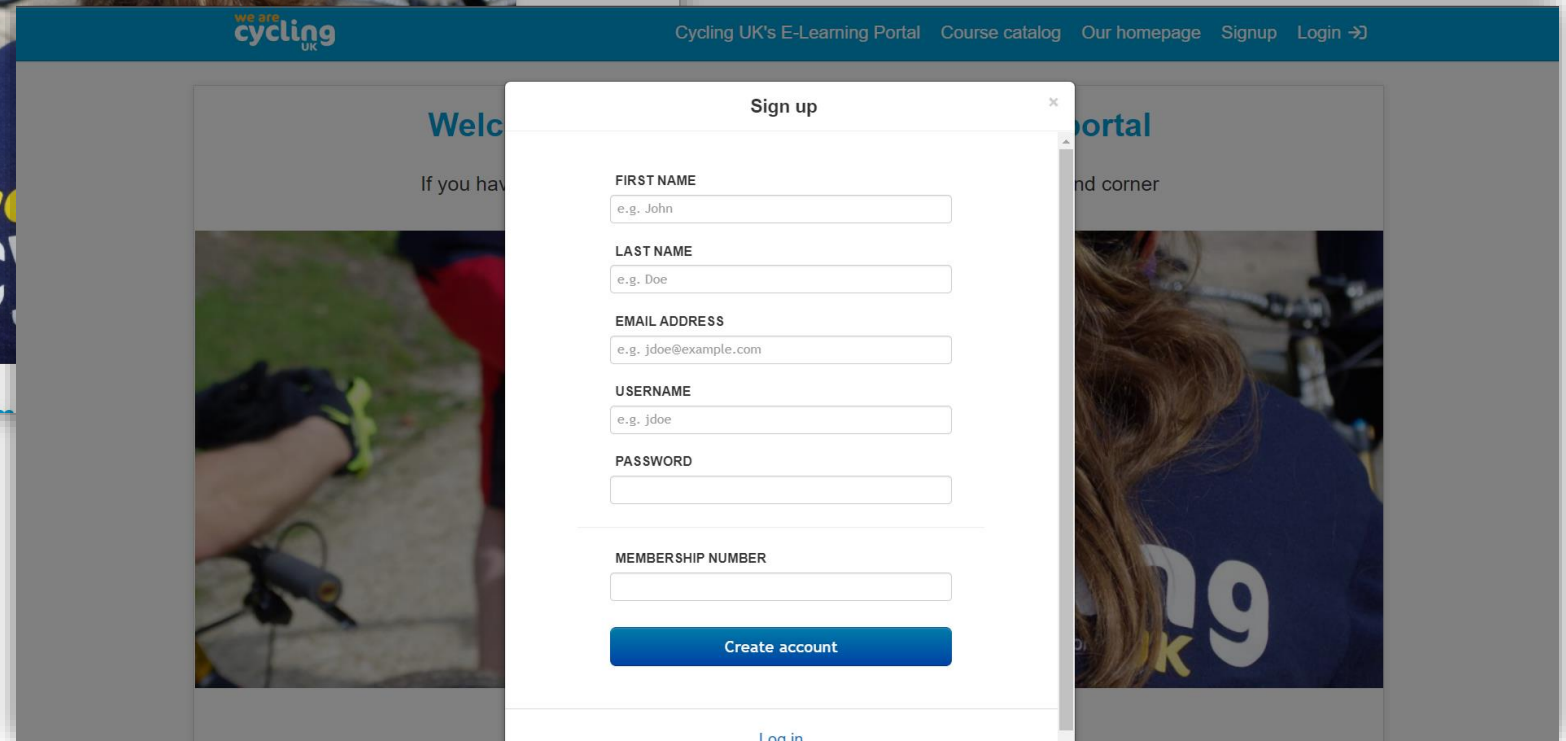
## Member group ride leader training – how to access the course

After clicking the link in your welcome email, you'll be brought to our online training platform home page.

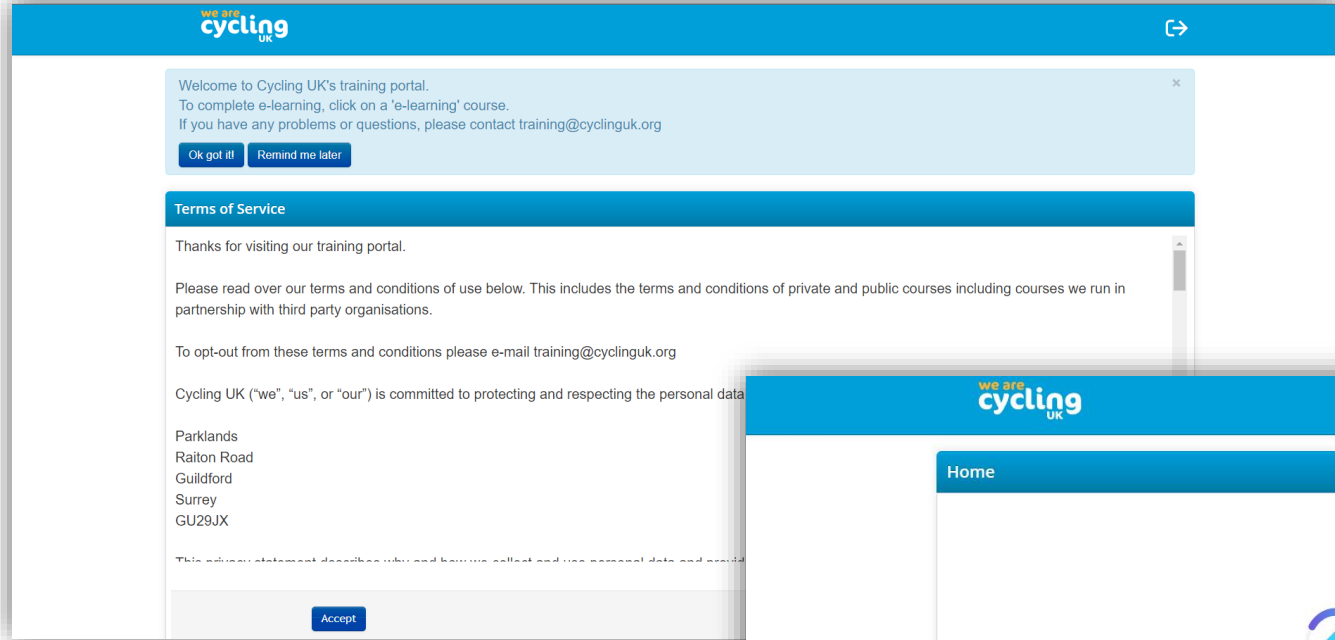
1. Click 'Signup' to create an account and get started.



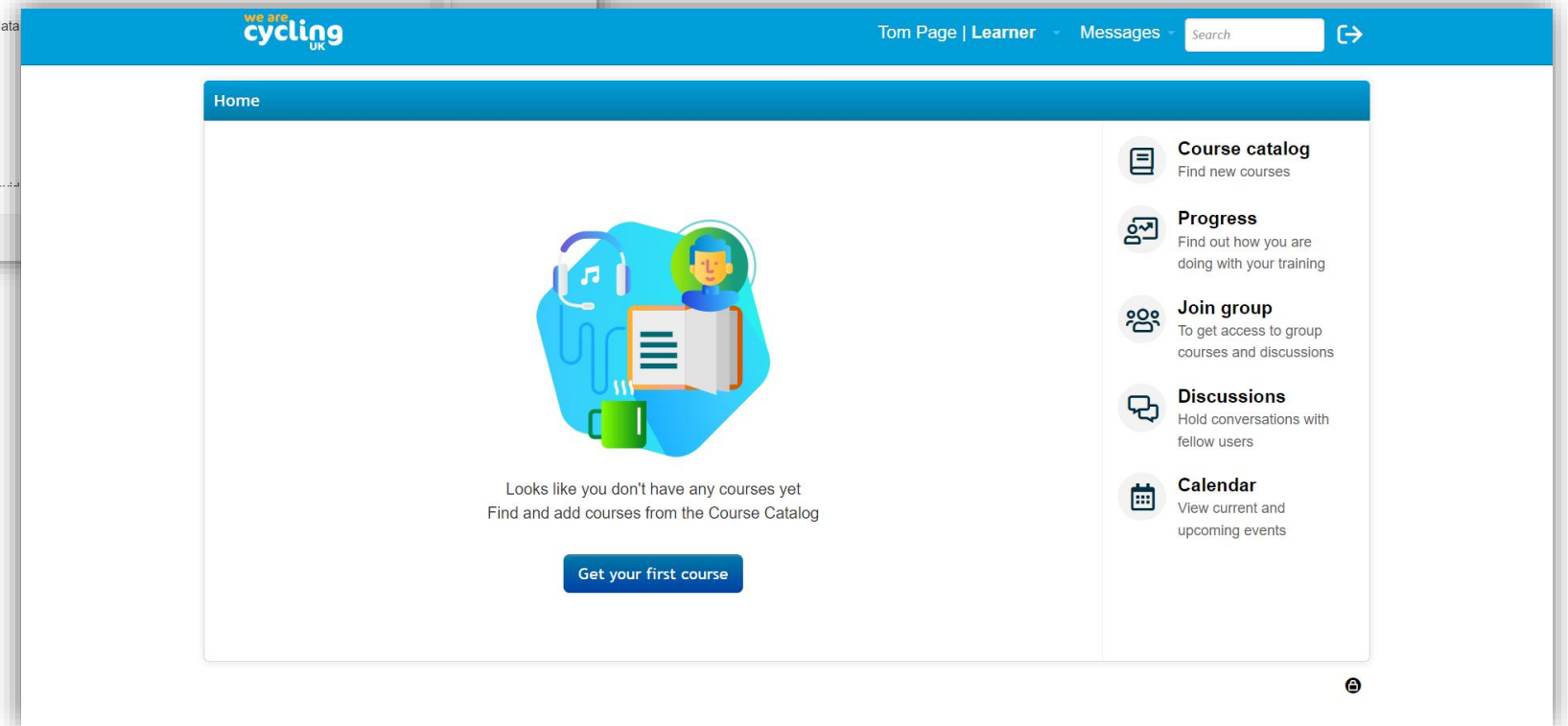
2. Enter your personal details, we recommend using the same login details as the Cycling UK website (if you already have an account). Please enter your Cycling UK membership number in the last box.



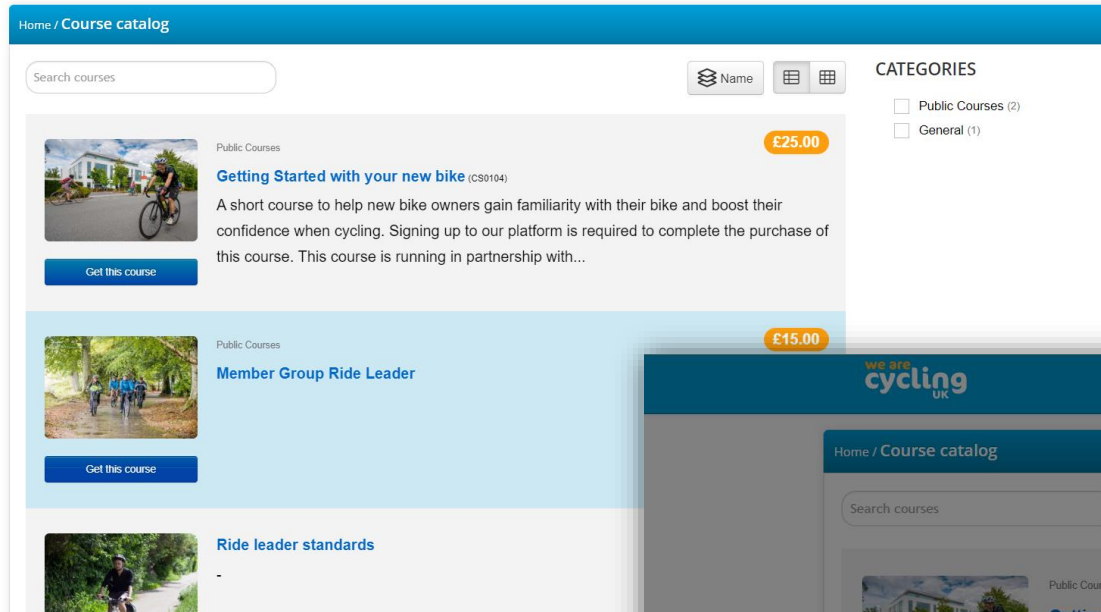
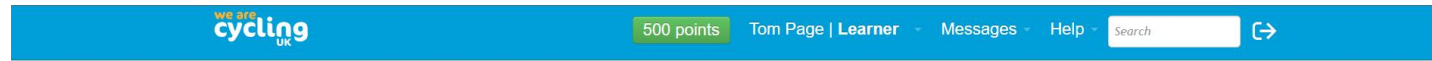
3. After creating your account, please take a moment to read and accept our learning platform's terms and conditions.



4. Click 'Get your first course' (dark blue button below) to add the ride leader e-learning to your account.

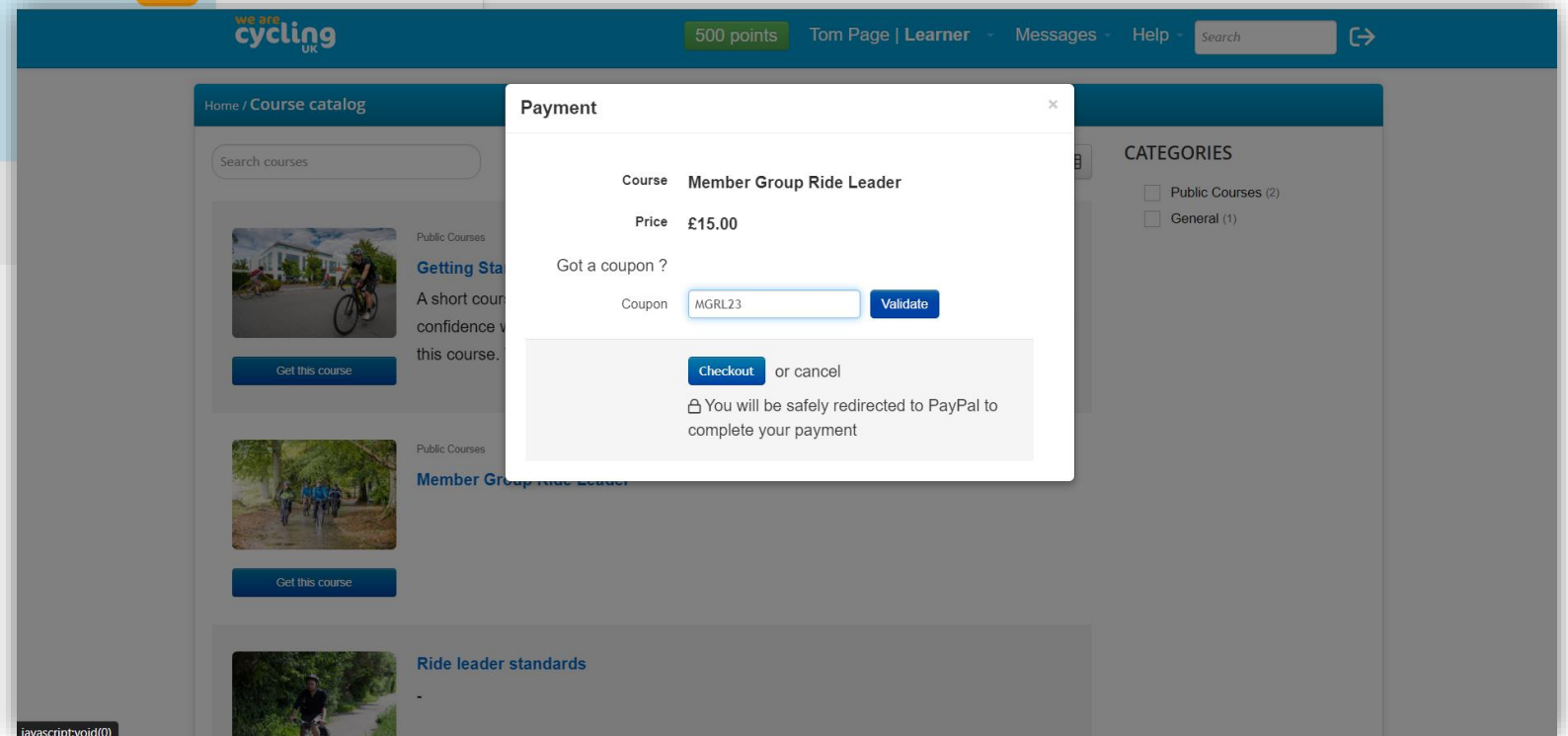


5. Select 'Get this course' under the 'Member Group Ride Leader' section.



6. The ride leader training is being provided free of charge to all member group ride leaders.

Click 'Got a coupon' to access this training for free.



7. Enter the code from the welcome email into the 'Coupon' field. Click 'Validate', and then 'Checkout'.

8. The course has now been added to your account. Click the course to get started.



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**Member Group Ride Leader**

You have this course

**Ride leader standards**

9. You are all set to go, click 'Start or resume course' to load the interactive e-learning.

There's guidance on how to navigate the interactive e-learning content in the introduction section of the course.

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Public Courses

**Member Group Ride Leader**

**Content**

- Introduction
- Ride planning
- Paperwork and equipment
- Keeping the group safe
- Before you set off
- During the ride
- Post ride and ride leader essentials
- Complete

**Completion rules**

- All units must be completed