

Cycle rides mapped out for both sides of Tweed

Booklet 'far more' than a cyclists guide to Berwick

KIRSTY SMYTH

kirsty.smyth@tweeddalepress.co.uk
@BADvertiser

A curiosity for the surroundings, a keen interest in locally-produced food and a love of cycling have combined to create a new book for Berwick.

Five Cycle Rides from Berwick upon Tweed by Tony Houghton, founder of the Berwick Cyclist's Touring Club (CTC), is now available around the town.

Using a selection of cycle routes as a framework, Tony guides readers around the local by-ways, north and south of the Tweed. The routes cater for all levels of enthusiasm, from a quiet eight mile potter around Berwick to a 44-mile route which takes in the best of Berwickshire's coastal scenery.

For the even more ambitious two or more routes could be combined to make for glorious touring on long summer days.

A review of the booklet says: "Do not be misled by the title of this booklet. It is far more than a cyclists' guide to Berwick. Tony has combined curiosity about his surroundings, a keen interest in locally-produced food and a love of cycling to produce this little gem."

Each route is illustrated by a map, places of interest are pointed out, and a good range of refreshment opportunities provided. For the self-sufficient there are even suggestions for obtaining picnic ingredients.

The rides are put into their historical context, with a brief history from earliest times to the present day and map refer-



Berwick CTC wants a quality cycle route from Berwick south to Beal, like this one at Alnmouth. Inset, Tony's book.

ences for clues to the past which might otherwise be missed.

For strangers arriving in Berwick - with or without a bike - this is an invaluable introduction to what the area has to offer. But those of you to whom these roads are old familiar friends will also find much to learn from Tony's guide.

As founding member of Berwick CTC, Tony organises group rides in the local area.

More recently he has become interested in extending the group's activities to include campaigning for better cycling conditions and publicising routes and facilities for cyclists, which in turn would enhance

'Do not be misled by the title of the booklet - It is far more than a cyclists' guide to Berwick'

The rides are put into historical context, and places of interest are pointed out

tourism opportunities.

The first priorities include the signing and development of a safe cycle route through Berwick town from Spittal towards Paxton; the creation of a high quality cycle route from Berwick south to Beal, in particular a hard surface route from Spittal to Cocklawburn and from Goswick to Beal; and the creation of a safe crossing of the A1 at Cheswick Buildings.

For more information go to www.ctc.org.uk/local-groups/berwick-cyclists

The booklet, priced £3.50, is available from the Tourist Information Centre, Grieves, Wilton Cycles and the YHA.

Skywatcher for solar ec

The recent aurora is set to be followed by a near-total solar eclipse. On Friday, March 20, a total solar eclipse will be visible across northern Northumberland. It is expected to be placed to see approximately a 90 per cent ec

Change

Under new laws a 30-minute grace period will be given for fines for being just 10 minutes over the limit. The Government has announced enforcement which

New campaign for Rape Cr

Northumbria Police Crime Commissioner Baird is supporting a new Rape Crisis campaign. 'Rape #we believe' is a vivid, eye-catching campaign artwork is raising the profile of Rape Crisis and the wo

Police medal under the h

The service medal was awarded to an ex-chief constable of Roxburgh, Selkirk, Berwick, who retired in 1911, are up for sale. John Mordey was awarded the Police medal, the Police medal and the nation medal. Lockdales, the author of Martlesham news, will put the hammer on M

looking for cheaper insurance?

motor and home insurance from over 60 leading brands

from landlines call: **0800 110 5713**

BRUCEGATE DENTAL PRACTICE

A private practice providing high quality dental treatment in the centre of Berwick

Emergency, Saturday & Evening appointments available.

HUTTO